

# REGION 5 PLAY-DOWN RULES

1. U.S.A./WAHA Hockey rules will be used.
2. Each association is responsible to reproduce and distribute these rules to all coaches and team managers involved.
3. Coaches , Managers, Locker Room Monitors must check in when they arrive.
4. Coaches must be on the USAH roster and provide a picture ID when they check in. Only four (4) coaches are allowed on the bench.
5. Host associations will use knowledgeable adults for minor officials. Teams playing may be asked to provide a knowledgeable adult penalty box minor official for their team. Managers should verify on check in.
6. All Youth & Girls 10U games will consist of 3 (three) periods of 12 (twelve) minute stop time with two 8 (eight) minute overtime periods. If there's no winner, then a Shootout (5).
7. All Youth High School (18U) & Youth & Girls 12U and 14U will play 3 (three) periods of 15 (fifteen) minute stop time with two 8 (eight) minute overtime periods. If there's no winner, then a Shootout(5).
8. There will be no goal judges.
9. Running time will be in effect whenever a team has a 6 (six) or more goal lead.
10. Ice will be resurfaced between games only for all Youth & Girls, 10U, 12U & 14U
11. Ice will be resurfaced at the beginning of and between the second and third periods of all Youth High School (18U) games.
12. Penalties for Youth and Girls 10U are as stated per USA Hockey/WAHA rules: 1:00 minute minors and 3:00 (three) minute major and 6:00 (six) minute misconduct.
13. Penalties for Youth High School (18U) and Youth & Girls 12U, 14U are as stated per U.S.A./WAHA rules: 1:30 minute minor, 4:00 (four) minute majors and 8:00 (eight) minute misconduct.
14. You must have with you your approved official USA Hockey player roster form. If anyone doesn't have age verification on the roster then proof of age is required. (Birth Certificate)
15. No admission charges.
16. No trophies or individual awards.