



## Guide To “Close Contact” Of Covid-19

### WHAT DOES “CLOSE CONTACT” MEAN?

A person is considered to be in close contact of a COVID-19 positive person if **any** of following is true:

- 1) They were within 6 feet of a positive person(s) for more than 15 minutes total within a 24-hour period
- 2) They had physical contact with the person
- 3) They had direct contact with the respiratory secretions of the person (i.e., from coughing, sneezing, contact with dirty tissue, shared drinking glass, food, towels or other personal items)
- 4) They live with the person or stayed overnight for at least one night in a household with the person

**Example #1:** Your child was playing outside with a neighborhood friend on a hot day when he drank from the friend’s water bottle without thinking. The following day, the friend developed symptoms and subsequently tested positive for Covid-19. Your child is a close contact.

**Example #2:** Your child was visiting a grandparent and gave them a hug goodbye. Two days later, the grandparent tested positive for Covid-19 after developing symptoms. Your child is a close contact.



## Guide To “Close Contact” Of Covid-19



### WHAT DOES “New and Different” MEAN?

When considering a child’s symptoms, ask yourself if they are “new and different” from how your child usually is, taking into account any “symptoms” your child normally has every day. If your child has a symptom they don’t normally have, ask yourself if there is an explanation for that symptom that day or not. If not, this would be a reason not to send them to any hockey event. Trust your judgement, as you know how your child looks and acts when they are getting sick. Here are some examples:

- 1) Your child has asthma. They often cough with exercise or allergies.
  - a. If they have their usual cough → NO, this is not new or different.
  - b. Their cough is worse than usual or sounds different than usual → YES**
- 2) Your child complains that their muscles hurt all over.
  - a. They exercised harder yesterday and they helped with some yard work → NO, this is not new or different.
  - b. They haven’t done any unusual physical activity and they look “off.” → YES**
- 3) Your child wakes up congested and has had to blow their nose several times that morning.
  - a. Your child has seasonal allergies and an allergy pill helped those symptoms yesterday → NO
  - b. Your child is congested for no clear reason and also has a headache → YES**



## Guide To “Close Contact” Of Covid-19

### Individual is NOT a KNOWN close contact to a COVID-19 case:

Individual	Symptomatic	No Symptoms
<b>Not tested for COVID-19</b>	<ul style="list-style-type: none"> <li>The individual must remain home for at least 10 days since the first symptoms began AND be fever free without the use of fever-reducing medications for 24 hours AND with improvement of symptoms.</li> <li>Siblings and household members should follow the close contact chart above for exclusion.</li> <li>If diagnosed with another condition that explains the symptoms, such as influenza or strep throat, the symptomatic person does not need to isolate, and household members do not need to quarantine. Follow guidance from the health care provider and exclusion period of the diagnosed disease as listed on the <a href="#">Wisconsin Childhood Communicable Diseases Wall Chart</a></li> </ul>	Individual May Participate in Hockey Activities
<b>Tested and Negative for COVID-19</b>	<ul style="list-style-type: none"> <li>The individual must be fever free for 24 hours without the use of fever-reducing medications</li> <li>If diagnosed with another condition, the individual must complete the exclusion period for the diagnosed disease as listed on the <a href="#">Wisconsin Childhood Communicable Diseases Wall Chart</a>. An alternative diagnosis is not required. Siblings and household contacts do not need to quarantine</li> </ul>	Individual May Participate in Hockey Activities
<b>Tested and Positive for COVID-19</b>	<ul style="list-style-type: none"> <li>The individual must isolate at home for at least 10 days since the first symptoms began AND be fever free without the use of fever-reducing medications for 24 hours AND with improvement in symptoms. Repeat testing is NOT recommended for making decisions about when people can return to work or school.</li> <li>Siblings, household members, and other close contacts should follow the close contact chart above.</li> </ul>	<ul style="list-style-type: none"> <li>Must isolate at home for 10 days after the day the sample was collected.</li> <li>Siblings, household members, and other close contacts should follow the close contact chart above.</li> </ul>

Source: Wisconsin Department of Health Services: Guidelines for the Prevention, Investigation, and Control of COVID-19 Outbreaks in K-12 Schools in Wisconsin (10/2020)



## Guide To “Close Contact” Of Covid-19

### Individual IS a KNOWN close contact to a COVID-19 case:

Individual	Symptomatic	No Symptoms
<b>Not tested for COVID- 19</b>	<ul style="list-style-type: none"> <li>The individual must remain home for at least 10 days since the first symptoms began AND be fever free without the use of fever-reducing medications for 24 hours AND with improvement of symptoms.</li> <li>Siblings and household members should follow the close contact chart above for exclusion.</li> <li>If diagnosed with another condition that explains the symptoms, such as influenza or strep throat, the symptomatic person does not need to isolate, and household members do not need to quarantine. Follow guidance from the health care provider and exclusion period of the diagnosed disease as listed on the <a href="#">Wisconsin Childhood Communicable Diseases Wall Chart</a></li> </ul>	Individual May Participate in Hockey Activities
<b>Tested and Negative for COVID-19</b>	<ul style="list-style-type: none"> <li>The individual must be fever free for 24 hours without the use of fever-reducing medications</li> <li>If diagnosed with another condition, the individual must complete the exclusion period for the diagnosed disease as listed on the <a href="#">Wisconsin Childhood Communicable Diseases Wall Chart</a>. An alternative diagnosis is not required. Siblings and household contacts do not need to quarantine</li> </ul>	Individual May Participate in Hockey Activities
<b>Tested and Positive for COVID-19</b>	<ul style="list-style-type: none"> <li>The individual must isolate at home for at least 10 days since the first symptoms began AND be fever free without the use of fever-reducing medications for 24 hours AND with improvement in symptoms. Repeat testing is NOT recommended for making decisions about when people can return to work or school.</li> <li>Siblings, household members, and other close contacts should follow the close contact chart above.</li> </ul>	<ul style="list-style-type: none"> <li>Must isolate at home for 10 days after the day the sample was collected.</li> <li>Siblings, household members, and other close contacts should follow the close contact chart above.</li> </ul>

Source: Wisconsin Department of Health Services: Guidelines for the Prevention, Investigation, and Control of COVID-19 Outbreaks in K-12 Schools in Wisconsin (10/2020)